

**NEW YORK STATE PUBLIC HIGH SCHOOL ATHLETIC ASSOCIATION  
TRACK & FIELD CHAMPIONSHIP MEET**

Dear Parent/Guardian:

Congratulations! Your child has qualified to represent Section VIII at the NY State Track & Field Championship on June 10, 11 2016. The meet is being held this year at Cicero North Syracuse High School. The team from Section VIII will be staying at the Ramada Inn carrier Circle Collamer Rd, East Syracuse NY.

**Buses will be leaving promptly from Christopher Morley Park on  
THURSDAY June 9<sup>th</sup> at 8:00 AM.**

**Arrive by 7:45 the latest!**

**500 Searingtown Rd, Roslyn, NY 11576 Phone:(516) 571-8113**

**CHECK LIST FOR THE BUS:**

- 1. Permission Slip**
  - 2. Code of Conduct (2 pages)**
  - 3. \$20 cash-** This is for dinner on Thursday. Breakfasts on Friday and Saturday are included
  - 4. BRING YOUR LUNCH ON BUS THURSDAY! The bus will not be stopping for lunch.**
  - 5. School issued uniforms - Relay Team uniforms must be identical.**
- There are receipts for anyone who requires one.
  - All other meals (Friday and Saturday lunch and dinner) are the responsibility of the athletes.
  - Friday and Saturday Lunches-There are concession stands at the meet. Friday night's dinner will be at Destiny USA shopping mall's food court
  - Athletes may purchase programs and meet merchandise on their own.

**Return Saturday June 11<sup>th</sup>**

\*The buses will return back to Christopher Morley Park, at the conclusion of the State Meet. Buses will make one dinner break stop before arriving back at Christopher Morley Park. We expect to return Saturday evening around 10:30PM.

## TRIP RULES

1. All athletes are under the direct supervision of the Section Coordinators and the Bus Supervisors.
2. All athletes are part of the Section 8 Team and if unable to attend must notify the coach as soon as possible.
3. This honor was achieved through hard work and you are expected to continue this effort and comply with the following section and state rules:
  - a. No alcoholic beverages, no smoking, no illegal substances.
  - b. No inappropriate behavior. No boys in girls' rooms or vice-versa. Adhere to time schedule and curfews.
  - c. No large radios, only personal type devices.
  - d. All travel arrangements, including rooming arrangements must be adhered to.
4. Athletes must travel with the transportation provided by Section 8.

## PERMISSION SLIP TRACK & FIELD CHAMPIONSHIP 2016

I HAVE READ THE PERMISSION SLIP AND CODE OF CONDUCT AND AGREE TO HAVE MY  
CHILD \_\_\_\_\_ ABIDE BY THE RULES SET FORTH BY  
THE NYSPHSAA AND SECTION VIII.

PARENT SIGNATURE \_\_\_\_\_

PARENT CELL PHONE \_\_\_\_\_

COACHES SIGNATURE \_\_\_\_\_

COACHES CELL PHONE \_\_\_\_\_

ATHLETES SIGNATURE \_\_\_\_\_

ATHLETES CELL PHONE \_\_\_\_\_

DATE \_\_\_\_/\_\_\_\_/\_\_\_\_

**PARENT RELEASE FORM  
EMERGENCY MEDICAL CARE**

Your son/daughter has qualified to participate in a NYSPHSAA Championship. In order to ensure he/she receives the proper medical care as needed you must provide the health information below. By signing this form you are authorizing the school's coach or administrator, or tournament official to act on your behalf in authorizing emergency medical, dental, surgical care and hospitalization for your son/daughter in your absence.

Thank you for your cooperation.

_____ (Athlete Name)	_____ (Birthdate)	
_____ (Address)	_____ (Phone)	
_____ (Parent/Guardian Name)	_____ (Address)	_____ (Home&Business phone)
_____ (Athlete's School)	_____ (Principal)	_____ (School phone)
_____ (Who to contact in case of emergency, other than parent/guardian)	_____ (Phone)	
_____ (Family Physician )	_____ (Phone number)	
_____ (Allergies or special conditions)		

*I have read and understand the above parent release form. I do hereby authorize the care referenced above for my child, and I do further release the NYSPHSAA and its agents from any claim whatsoever on account of care authorized pursuant to this emergency medical care release form.*

\_\_\_\_\_  
(Parent/Guardian Signature)

\_\_\_\_\_  
(Date)

**Code of Conduct**

**For Regional & Championship  
Competitions**



**Responsibilities and Guidelines for  
Athletes and Coaches Participating in  
Regional and Championship Contests**

**An athlete will not be allowed to participate  
without this form completed!**

### **Introduction**

Any New York State Championship must achieve a standard of Excellence which places it beyond criticism either from an organizational or educational point of view. In essence, each championship represents all of New York scholastic sports and if, for any reason, something disrupts a championship, then the impact of such disruption will be felt by the NY SPHSAA, Inc. and its member schools. What appears at present to pose the greatest threat is the misbehavior of athletes or the lack of supervision responsibilities by coaches while attending such championships.

### **Code of Conduct for Athletes**

1. Use of alcoholic beverages, tobacco products and other drugs (unless prescribed by a physician) will not be tolerated.
2. All curfews and bed checks will be adhered to as set up by the supervisor or coach in charge.
3. Athletes are responsible for their conduct in regard to public property such as: hotel rooms, transporting vehicles, field and courts, locker rooms, etc. Athletes or the school that they represent will be held financially responsible for any damage that they incur.
4. Hotel rooms will be inspected by the supervisor and the occupants of each room prior to the occupying of each room and again before check-out.
5. Athletes must use transportation authorized by their section and school to and from the event.
6. There will be no gambling of any kind.

### **General Guidelines**

1. Athletes should stay in groups when traveling or sightseeing. **DO NOT TRAVEL ALONE** or leave the group.
2. Athletes should make sure the supervisor/coach knows where they are, who is with them, and when they will return when leaving the general area of the contest.
3. Dress for all trips should be neat, clean and socially acceptable. Athletes are representing their Section as well as their own school district. All actions reflect on these institutions.

### **Violation - Penalties**

If an athlete violates an established rule, the coach or supervisor in charge has the responsibility of disciplining the athlete using the following guidelines:

1. If the violation is prior to the contest or event, the athlete will not be allowed to compete in the contest or further contests. The Section and home school will be notified and a recommendation from the Section for disciplinary action will be given.
2. If the violation is after the contest or event, the home school will be notified and a recommendation from the Section for disciplinary action will be given.
3. If a situation becomes intolerable, the parents and school will be notified immediately and arrangements will be made to transport the athlete home, at Section/school expense, and in the custody of a Section/school representative. If proper action is not taken by the home school, sanctions may be imposed by the Section and/or State Association against the athlete or school district.

*I have read and understand the Code of Conduct.*

Athlete Signature \_\_\_\_\_ Date \_\_\_\_\_

Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

### **Coaches/Supervisors Responsibilities**

1. Enforce Code of Conduct for athletes. Discipline violators on the spot. Report problems to supervisors and send written reports to the Section and home school district.
2. Set curfews and bed checks and implement them.
3. Be responsible for athletes from departure point of trip until trip is completed and ensure that all athletes have transportation to their home.
4. Conduct room checks and inspection of hotel room with occupants of each room prior to the night's stay, and check/inspect each hotel room after the night's stay. Report any damage, which will be the responsibility of the occupants of the room.
5. Submit Hotel Report form to hotel.
6. Make sure all parent signature slips are in and emergency information is complete.
7. Notify proper authorities in cases of serious injury to athletes.
8. Know where athletes are at all times.
9. Abstain from the use of alcohol and controlled substances (unless prescribed by a physician). If violated the protocol/possible penalty is: 1) the school and Section will be notified; 2) documentation of the incident will occur; and 3) a recommendation from the Section for disciplinary action will be given.
10. Abstain from gambling of any kind.

*I understand my responsibilities to my athlete(s) and expectations of my behavior.*

Coach/Supervisor Signature \_\_\_\_\_ Date \_\_\_\_\_

### **CONSENT FOR USE OF PHOTOGRAPHY FOR PUBLICITY OR ADVERTISING PURPOSES**

I do hereby consent to the use of my photographs in association with any production, media, or news events for the New York State Public High School Athletic Association.

I understand that the New York State Public High School Athletic Association may use my photographs or stories in publications, press materials, web sites, and print and television advertisements promoting the New York State Public High School Athletic Association, its philosophies, and programs.

I hereby irrevocably consent to and authorize the use and reproduction by you, or anyone authorized by the New York State Public High School Athletic Association, of any and all photographs which you have taken during this sport season of me, negative or positive, for any purpose whatsoever, without compensation to me. All negatives and positives, together with prints shall constitute the property of the NYSPHSAA, solely and completely.

*I hereby consent to the use of my photograph(s). (sign only if 'yes')*

Athlete Signature \_\_\_\_\_ Date \_\_\_\_\_

Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

# Itinerary for Section VIII Track & Field NY STATE Championship-Cicero North Syracuse HS 2016

## Thursday June 9<sup>th</sup>, 2016

7:30 AM Bus arrives at Christopher Morley Park 500 Searingtown Rd, Roslyn, NY 11576 Phone:(516) 571-8113  
Bus departs at 8 AM.

Bus departs to: Ramada Carrier Circle,  
6555 Old Collamer Road South  
East Syracuse NY 13057  
315 437 2761

**\*\*Athletes will bring their own lunch on the bus\*\***

1:00 PM Bus arrives at Ramada Carrier Circle East Syracuse

2:30 PM Bus leaves Hotel for Cicero North Syracuse HS for afternoon practice.

4:00 PM Leave CNS HS for Hotel

6:00 PM Section Dinner (Included) at the Ramada Inn Banquet Room.  
Meet Information Meeting to follow

10:00 Curfew

## Friday June 10<sup>th</sup>, 2016

6-10:00 AM Breakfast: (Included) The hotel offers a hot and cold buffet breakfast.

10:30 AM First Bus departs Hotel for the Meet. Athletes will depart hotel based on their event.

12:00PM to 6:00PM State Championship Track Meet. Food will be available at the meet at the athletes own cost.

6:30- 8:30 PM Dinner at Destiny USA Shopping Mall

10:00 PM Curfew

## Saturday June 11<sup>th</sup>, 2016

6-10 AM Breakfast: (Included) The hotel offers a hot and cold buffet breakfast.

8:00 AM First Bus departs Hotel for the Meet. Athletes will depart hotel based on their event.

4:00 PM Buses will depart from Syracuse for return to Christopher Morley Park,  
Approximate time of return to Christopher Morley Park will be 10:30 PM.

**NEW YORK STATE PUBLIC HIGH SCHOOL  
STATE TRACK & FIELD CHAMPIONSHIPS  
CICERO NORTH SYRACUSE HIGH SCHOOL**

*\*TIMES ARE APPROXIMATE - EVENTS MAY RUN AHEAD AS FAR AS POSSIBLE*

**FRIDAY JUNE 10, 2016**

**ORDER OF EVENTS**

**TRACK**

**FIELD**

	Div I - Large				12:00 DISCUS	B	I	CLASS FINAL
	Div II - Small				12:30 POLE VAULT	G	CHAMP	F
12:30	Pent. 100 HH-1	G	CHAMP	F	12:30 TRIPLE JUMP	G	I	CLASS FINAL
	Pent. 110 HH-1	B	CHAMP	F	TRIPLE JUMP	G	II	CLASS FINAL
				<i>lower seeds</i>	12:30 SHOT PUT	G	I	CLASS FINAL
				<i>lower seeds</i>	1:30 DISCUS	B	II	CLASS FINAL
					2:00 SHOT PUT	G	II	CLASS FINAL
					2:00 TRIPLE JUMP	B	I	CLASS FINAL
					TRIPLE JUMP	B	II	CLASS FINAL
					1:15 PENT.HIGH JP1	G	CHAMP	F
					PENT.HIGH JP1	B	CHAMP	F
					3:00 POLE VAULT	B	CHAMP	F
					3:00 DISCUS	G	I	CLASS FINAL
					4:30 DISCUS	G	II	CLASS FINAL
					4:00 LONG JUMP	G	I	CLASS FINAL
					LONG JUMP	G	II	CLASS FINAL
					3:00 SHOT PUT	B	I	CLASS FINAL
					4:30 SHOT PUT	B	II	CLASS FINAL
					3:15 PENT.SHOT-1	B	CHAMP	F
					3:45 PENT.SHOT-1	G	CHAMP	F
					3:00 PENT.HIGH JP-2	G	CHAMP	F
					3:15 PENT.HIGH JP-2	B	CHAMP	F
					5:30 LONG JUMP	B	I	CLASS FINAL
					LONG JUMP	B	II	CLASS FINAL
					5:00 PENT.SHOT-2	B	CHAMP	F
					5:30 PENT.SHOT-2	G	CHAMP	F

***OPENING CEREMONIES INCLUDING SPORTSMAN***

***AWARD WINNERS***

1:30	100H	G	II	T
	100H	G	I	T
1:40	110H	B	II	T
	110H	B	I	T
1:50	100M	G	II	T
	100M	G	I	T
	100M	B	II	T
	100M	B	I	T
2:10	Pent. 100 HH-2	G	CHAMP	F
	Pent. 110 HH-2	B	CHAMP	F
				<i>higher seeds</i>
				<i>higher seeds</i>
2:30	400M	G	II	CLASS FINAL
	400M	G	I	CLASS FINAL
	400M	B	II	CLASS FINAL
	400M	B	I	CLASS FINAL
3:00	800M	G	CHAMP	F
	800M	B	CHAMP	F
3:30	200M	G	II	T
	200M	G	I	T
	200M	B	II	T
	200M	B	I	T
3:50	400 INTER H	G	II	CLASS FINAL
	400 INTER H	G	I	CLASS FINAL
	400 INTER H	B	II	CLASS FINAL
	400 INTER H	B	I	CLASS FINAL
4:20	4X100 RELAY	G	II	CLASS FINAL
	4X100 RELAY	G	I	CLASS FINAL
	4X100 RELAY	B	II	CLASS FINAL
	4X100 RELAY	B	I	CLASS FINAL
4:50	4X400 RELAY	G	II	CLASS FINAL
	4X400 RELAY	G	I	CLASS FINAL
	4X400 RELAY	B	II	CLASS FINAL
	4X400 RELAY	B	I	CLASS FINAL
5:40	3000M	G	CHAMP	F
	3200M	B	CHAMP	F

**NEW YORK STATE PUBLIC HIGH SCHOOL  
STATE TRACK & FIELD CHAMPIONSHIPS  
CICERO NORTH SYRACUSE HIGH SCHOOL**

*\*TIMES ARE APPROXIMATE - EVENTS MAY RUN AHEAD AS FAR AS POSSIBLE*

**SATURDAY JUNE 11, 2016**

**ORDER OF EVENTS**

**TRACK**

**FIELD**

10:00	2000M STEEPL	G	CHAMP	F			
	3000M STEEPL	B	CHAMP	F	10:00	HIGH JUMP	G CHAMF F
11:00	100M	G	II	CLASS FINAL	10:00	DISCUS	G CHAMF F
	100M	G	I	CLASS FINAL			
	100M	B	II	CLASS FINAL	10:00	PENT.LONG JF	G CHAMF F
	100M	B	I	CLASS FINAL		PENT.LONG JF	G CHAMF F
11:25	1500M	G	CHAMP	F			
	1600M	B	CHAMP	F			
12:00	100H	G	II	CLASS FINAL	11:00	PENT.LONG JF	B CHAMF F
	100H	G	I	CLASS FINAL		PENT. LONG JF	B CHAMF F
	110H	B	II	CLASS FINAL			
	110H	B	I	CLASS FINAL	11:30	HIGH JUMP	B CHAMF F
12:25	200M	G	II	CLASS FINAL	11:30	DISCUS	B CHAMF F
	200M	G	I	CLASS FINAL			
	200M	B	II	CLASS FINAL			
	200M	B	I	CLASS FINAL			

**BREAK 12:35 - 12:45**

12:45	PENT. 800 (ALL	G	CHAMP	F	1:00	SHOT PUT	G CHAMF F
1:15	100HH	G	CHAMP	F	1:00	LONG JUMP	G CHAMF F
	110HH	B	CHAMP	F	1:00	LONG JUMP	B CHAMF F
1:25	100M	G	CHAMP	F			
	100M	B	CHAMP	F			
1:35	PENT 1500 (ALL	B	CHAMP	F			
1:50	400M	G	CHAMP	F	2:30	SHOT PUT	B CHAMF F
	400M	B	CHAMP	F	2:30	TRIPLE JUMP	G CHAMF F
2:00	400 INTER H	G	CHAMP	F	2:30	TRIPLE JUMP	B CHAMF F
	400 INTER H	B	CHAMP	F			
2:10	200M	G	CHAMP	F			
	200M	B	CHAMP	F			
2:20	4X800 RELAY	G	CHAMP	F			
	4X800 RELAY	B	CHAMP	F			
3:20	4X100 RELAY	G	CHAMP	F			
	4X100 RELAY	B	CHAMP	F			
3:30	4X400 RELAY	G	CHAMP	F			
	4X400 RELAY	B	CHAMP	F			

# TRANSPORTATION POLICY FOR STATE CHAMPIONSHIPS

1. Section VIII will supply transportation to and from State Championships.
2. Each and every participant representing Section VIII is required to travel by the transportation provided by the Section.
3. No sports coordinator (or his/her designee), coach or supervisor has the authority to release the student/athlete from traveling on the transportation provided by the Section.
4. *Exception:* In the event that a student/athlete requests not to travel by Section sponsored transportation, the following procedure **must be followed**:
  - a) The student/athlete must submit a written request to be released to the custody of their parent/guardian to his/her coach stating the reason for not traveling with the Section and signed by the parent/guardian.
  - b) If the coach *approves* this request, he/she will submit the request to the district director, building director and building principal for their written *approval*.
  - c) Once the request is approved in writing by those administrators listed in b), the coach will submit this written approval to the Section Sports Coordinator(s) (or his/her designee) with a copy to the Executive Director.
  - d) This then relieves the Section and its sports coordinator(s) or designee of being liable for making a decision he/she cannot control.



**SECTION VIII EMERGENCY WAIVER OF TRANSPORTATION POLICY**

I am the father, mother, guardian of\_\_\_\_\_.

I hereby request that permission be granted to transport my son/daughter\_\_\_\_\_

to/from an intersectional (State) competition on\_\_\_\_\_

(Date)

I am fully aware that it is the policy of Section VIII of the New York State Public High School Athletic Association that students be transported to and from such activities on the transportation provided by the Section. I hereby agree that I will be fully responsible for and hold the Section harmless for any damages including injuries to\_\_\_\_\_ which may arise as a result of transporting him/her to or from this Intersectional or State competition.

Sport\_\_\_\_\_

Parent/Guardian Signature\_\_\_\_\_

Date\_\_\_\_\_

Approved by:

Coach\_\_\_\_\_

Building Athletic Director\_\_\_\_\_

District Athletic Director\_\_\_\_\_

Principal\_\_\_\_\_

**SUBMIT TO SPORT COORDINATOR AND OFFICE OF EXECUTIVE DIRECTOR PRIOR TO DEPARTURE.**

FAX # 997-2916